



Life Parachute on flight to the world of goodness alongside,
The Natchimuthu Foundation, Ladies Circle India and Emami Group of Companies.

Hey there Kiddo,

If you have ever felt like you needed someone to talk to, then let *me* be your go-to companion. Like a friend, I will hear you out and allow you to create an extraordinary you! I will show you how to stay afloat even when life pulls you down.

How? Well, all you have to do is carefully listen to yourself and honestly answer some questions after you have spent time pondering on them. After all, in life, there are no escalators, only stairs.

Let *me* be your guide and friend for life. Enjoy fun exercises that will help you in the game of life. Learn to help yourself and others in need. Get to love your life and yourself.

Sincerely,
Life Parachute

"Manjoo Shree's book is a gold mine. The deeper you dig, the more enriched you get. The more honest you are, the better you discover your true self and worth. Keep this book close to you always. But most importantly, live it and be true to yourself. Happy healing. Happy landing."

*- Ruzbeh N. Bharucha, Former Journalist,
Documentary Maker and Author*

"In Life Parachute, Manjoo Shree shows you how you can rediscover your purpose, reframe your obstacles and reclaim your life. This interactive book is a guide that will help you to navigate the twists and turns of life smoothly and land safely. Buy this book, read it and gift it to someone who needs it the most."

*- Manoj Vasudevan, CEO, Thought Expressions, 2017
World Champion of Public Speaking and Author*



Keeping many balls in the air is an art. When it is positive keynote speaking and soulful singing, its craftsmanship of the highest order! Manjoo Shree. N's name is counted in an extraordinary breed of three people in the world. She is the very first in India to blend these two art forms—coaching and singing—for life transformation. She is the founder/creative director of Lifeolicious.

She has a psychology master's degree, is a gold-medallist, has international certification in life-coaching and national certifications in human resource management, Transactional analysis and Reiki healing. Lifeolicious, for her, is a platform to inspire people to transform their lives into happy places. Her niche is to work with distressed people and elevate their lives with a heady blend of positive words and blissful songs!

You can contact Manjoo Shree. N at www.lifeolicious.com



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LIFE PARACHUTE

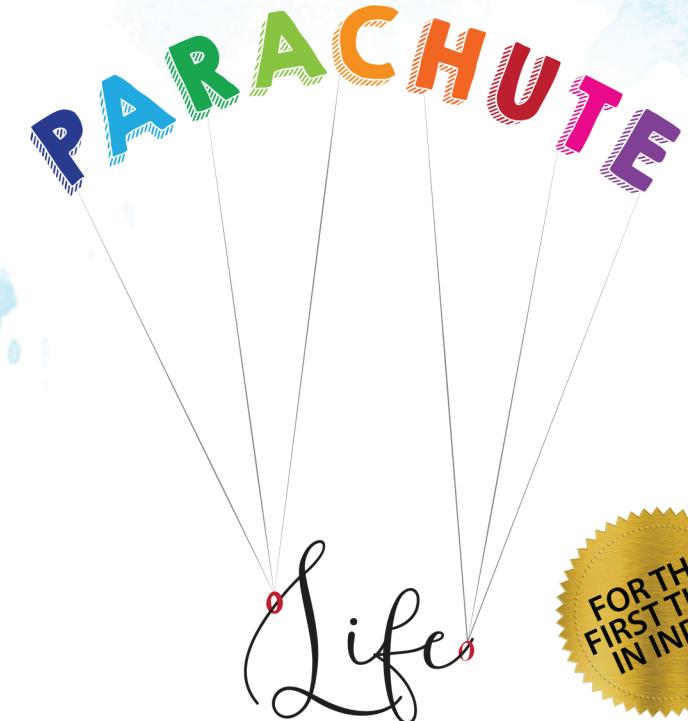
N. Manjoo Shree



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To 'Love your Life and Yourself', You have to 'Know your Life and Yourself'.

I am your Guide for Life.



LIFE PARACHUTE

Piloted by **N. Manjoo Shree**



Illustrated by Avanti Natarajan

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